

## **Anglesey Prayer Walk 22 June 2013 – Section 12 Rhosneigr to Trearddur Bay**

This particular section of the Anglesey Prayer Walk consists of varied terrain and scenery, from wide sweeping beaches to dramatic cliffs, ending with a rather more sedate stroll along a promenade!

10:00 am

Walkers and supporters are to meet at the clock tower in the centre of the village of Rhosneigr. Here, the walk leader will give an overview of the walk itself, and prayers of committal will be made. Arrangements have been made for a local 'prayer house' to be available for non-walkers.

The first section, **Rhosneigr to Rhoscolyn**, will take approximately 2 hours to walk. Initially, the walk is along an expanse of sand from Rhosneigr to Four Mile Bridge. We come to Traeth Cymyran along the way, and there is a seasonal tea shack located here. It is possible to be collected by car from Cymyran, but don't venture too far out onto the sand in vehicle! From Four Mile Bridge, the walk takes a detour from the actual coastline itself, and continues across farmland where the official Anglesey Coastal Path leads.

Any walkers who decide that this is sufficiently far for them can be collected from the parking area near to the road bridge at Four Mile Bridge. There is a cafe called Y Gegin Fach nearby .

The section from **Four Mile Bridge to Rhoscolyn** is a lovely route across fields, and passes briefly through a small forest before meeting the coast itself once again.

We then come to the pretty village of Rhoscolyn, and here there is an ample public car park, with public conveniences (including an open air shower! Anyone wishing to leave, or join, the walk at this stage are welcome to do so.

12:00pm This will also be the point where lunch can be enjoyed.

### **Rhoscolyn to Trearddur Bay**

This section will take approximately 3 hours to complete. From the little bay at Rhoscolyn, we continue on our way and go slightly uphill, where we come to the coastguard lookout station, now voluntarily manned. From here onwards the walk becomes very dramatic, and hugs the coast as we walk towards our final destination along the cliffs.

There are breathtaking views out to sea from a wonderful vantage point, and keep an eye out for the wild goats along here!

We gradually begin to see signs of human habitation as we approach a small caravan site, before marching downhill along Ravenspoint Road into Trearddur Bay. Finally, we come to the concrete promenade in Trearddur Bay itself. This short, level, walkway is ideal for those who may just want to complete a short section of the walk. Any wheelchair or mobility scooter users are especially welcome to join us for this final stage. There is a large car park and public conveniences halfway along the promenade, and those who wish to do so can indulge in a well deserved ice cream whilst sitting on the sea wall!

The total time anticipated to complete the full walk is 4.5 hours at a steady pace. The total distance is approximately 12 miles.

Good sturdy shoes or boots are recommended, as the surface underfoot changes from soft sand to rocky paths. Bring plenty of fluids to drink and waterproof clothing is recommended.