

ANGLESEY COASTAL PATH SECTION 10 - Leaders: Monica and Colin Morris

This is a rough guide to the timing and distances for the walk – for a more detailed description see the Anglesey Coastal Path website at <http://www.visitanglesey.co.uk> or Contact Monica on 01407 840439

The walk divides into 3 parts: times are approximate but allow for a reasonable pace and some stops

- 1. From Aberffraw to Porth Cwyfan - 2.5 miles - 1 hour 30 minutes*
- 2. From Porth Cwyfan to Porth Tre Castell (Cable Bay) – 2 miles - 1 hour*
- 3. From Porth Castell to Rhosneiger – 2.5 miles - 1 hour 30 minutes*

- 1. Aberffraw to Porth Cwyfan (The Church in the Sea) 2.5 miles 1 hour 30 mins*

The walk starts at the old bridge in Aberffraw and initially follows a lane by the estuary. At the end of the embanked section the walk descends onto the foreshore and thereafter follows a coastal path to Porth Cwyfan where there is a tidal causeway to the 12th Century island church Llangwyfan. There is a lane joining the bay at this point where pick up could be arranged for those unable to walk further.

- 2. Porth Cwyfan to Porth Tre Castell (Cable Bay) – 2 miles - 1 hour*

This part of the walk takes you around the Anglesey Race Track, across fields until you join the coastline again. There is a car park at Porth Tre Castell for those wishing to stop at this point.

- 3. Porth Castell to Rhosneiger – 2.5 miles - 1 hour 30 minutes*

The walk takes you around the headland and following the coastline on towards Rhosneiger across sand dunes and beaches.