

The walk divides into 4 parts:

1. From Llyn Rhos Ddu car park to Newborough Forest car park (40 minutes)
2. From Newborough Forest car park to Forest Enterprise car park on A4080 (2 hours)
3. From car park to Malltraeth along the Cob (20mins)
4. Malltraeth to Aberffraw (1hour 30 mins)

### **1. Llyn Rhos Ddu car park to Newborough Forest Car Park (40 mins)**

*Description: Generally flat on sandy ground. The path is uneven in places. The walk takes you along the edge of Newborough Forest with views over sand dunes to the mainland. There is a final little climb up a sand dune to get you onto the beach. Once on the beach the wet sand near the sea is firm underfoot. Those wishing to could leave the walk at the car park, bearing in mind that there is a charge of £3 for anyone coming into the forest to pick you up!*

*Toilet: There are public toilets in the car park at Newborough end, but plenty of trees on the way to the beach!*

### **2. From Newborough Forest car Park to Forest Enterprise car park on A4080 (2 hours)**

*Description: The first part of this longest section continues along Newborough beach and takes you to Llandwyn Island and then on around the corner to the glorious wide sandy beach overlooking Malltraeth Bay which leads on around the edge of the forest into the estuary of the Afon Cefni. There is then a path leading off to the right into the forest. Floods have affected this path, but as long as it doesn't rain heavily it is fine to use, but is uneven in places across the marshlands.*

*Once in the forest, the path is even and straightforward and takes you out onto the A4080 where there is a car park and picnic tables.*

*Toilets: No public conveniences, but plenty of vegetation along the forest walk!*

### **3. From Forest Enterprise car park on A4080 to Malltraeth along the Cob (20-30mins)**

*Description: A paved pathway which has been built over the Cob or causeway with glorious views on a clear day. A good place for pushchairs or wheelchairs, with a fish and chip shop at the other end!*

*There is a car park here where you could pick up a lift if you do not wish to proceed.*

*Toilets: There are no public toilets in Malltraeth, but there are a few shoreline bushes later on!*

**Refreshments:** A pub, a fish and chip shop and a nearby tea room.

**PRAYER HOUSE:** The little church in Malltraeth just by the car park will be open for prayer

### **4. Malltraeth to Aberffraw (1hour 30 mins)**

*Description: The first part of this section is along a narrow path running behind some very nice houses and gardens in Malltraeth. The path runs close to the shoreline and then leads up over the hill joining a lane which leads to the village of Hermon. After this, the coastal path has to leave the coast due to a private estate and so much of the walk is along the lanes. The final part leads across two fields coming down the hill to Aberffraw dunes which had cattle in them on the day we walked. The terrain was quite uneven here, but you could walk the long way round along the lane instead.*

*Toilets: No public toilets on this part, so off to the bushes again!*